



Outpatient Services

At Casa de Amparo, we're proud to expand our support for behavioral health through an enhanced collaboration with TrueCare. Together, we're providing outpatient therapy on our Oceanside campus.

Our Outpatient Therapy Services are:

1

On-campus convenience with trusted partners

Therapy services are delivered by Casa de Amparo clinicians at Casa de Amparo's Oceanside location—making access simple and familiar for young adults.

2

Accessible and Responsive

Designed to reduce barriers, this program helps young people and families begin treatment quickly, offering a smoother, community-based path to mental wellness. Telehealth appointments are also available.

3

Youth-centered, evidence-informed care

Our therapy model prioritizes healing, resilience, and empowerment—tailored to each young adult's needs in a trauma-informed environment.



Behavioral Health Hours of Operation:

Tuesdays: 12:00pm - 4:00pm

Thursdays: 12:00pm - 4:00pm

Services are provided at our Oceanside Campus: 103 Rancho Del Oro Dr., Oceanside, CA 92057

Learn More:

www.casadeamparo.org | 760-295-4600 (call) | outpatient@casadeamparo.org