



New Directions Transitional Housing Program

Our Transitional Housing Program is based in San Diego and provides apartments in Escondido, San Marcos, Vista, Oceanside, and San Diego for former foster and probation youth ages 18–21. We place our apartments within larger complexes to offer you a sense of independence, while still providing support whenever you need it as you work toward your goals.

WHAT YOU GET WHEN YOU JOIN THE PROGRAM

Home Starter Kit (At Intake)

As soon as you join, you'll get the essentials to set up your space:

- A brand-new full-size bed and mattress with fresh linens
- Towels, dishes, utensils, pots & pans
- A bathroom stocked with personal hygiene items, towels, and toiletries to get you started
- Gently used furniture to help make your place feel like home

Monthly Support

Every month, you'll receive:

- \$50 grocery gift card
- \$20 laundry card
- \$50 gas card or bus pass (your choice)



Emancipation Fund

For every month you stay in the program, we'll save \$50 for you. Stick with us for the full two years, and you'll walk away with \$1,200 to use however you want.



Matched Savings Program

We'll help you build savings! For every \$25 you save each month, we'll match it—up to \$300 a year. That means if you save \$300, we'll give you another \$300 - money for your future.



WHAT WE ASK OF YOU WHILE IN THE PROGRAM

Stay Productive

You'll need to stay engaged with at least 32 hours per week of:

- A full-time job, or
- Full-time school, or
- A mix of both

Step-Up Rent System

Rent starts low and gradually increases to help you adjust:

- \$104/month for the first 5 months
 - Then \$208/month for the next 5 months
 - Then \$416/month after that
- If you're in school full-time, rent will never go above \$144/month

Meet with Your Advocate

You'll check in with your Advocate every week to:

- Set and work on your personal goals
- Talk about your mental and physical well-being (we'll support you every step of the way)

Respect Program Guidelines

To keep the community safe and supportive, we ask that you follow:

- New Directions program rules
- Apartment complex policies

YOU BELONG HERE

Program participants are welcome to the fun and supportive groups we offer, including: a monthly pottery group, a self-discovery group, and other groups that cover topics like healthy relationships, coping skills, career planning, and more. You'll also have access to Casa de Amparo's food pantry and helpful community resources.



Please contact our intake specialist if you have any questions or to set up an interview!

Zakk Sharp 760-801-2858 (call or text) | ndreferrals@casadeamparo.org