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**Casa Kids...Healing...Growing...Creating the Future**

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Under the leadership of our new Executive Director, Tamara Fleck-Myers, 2013-2014 brought a wave of expansion that continues to increase both the number of people we serve and the engagement of the community at-large.

We received licenses to expand both our Residential Services and New Directions populations, allowing us to serve more pregnant and parenting mothers and increasing the total number of individuals we are able to support with residentially-based care. A new director position was created at the senior management level to ensure enough leadership and oversight for the increased census.

Our Development Department established new events to engage donors and volunteers on a more direct and personal level. This included the Champions for Children reception held in March at Harrah’s Resort Southern California, one of our Signature Partners. Efforts to increase the quantity and quality of in-kind donations paid off in the form of a successful Holiday Drive in December and the Come Home to Casa donation drop-off event in April honoring Child Abuse Prevention Month. Through these events, we received generous exposure from local media outlets, broadening the agency’s visibility and reach to current and prospective stakeholders.

All of this has provided additional opportunities for volunteers to stay engaged with Casa de Amparo through their time and service on our Board committees, direct service in our programs, beautifying our campuses, or helping out at Casa de Amparo’s many events.

"Going forward, expansion will remain on the horizon as part of our long term strategic plan." Going forward, expansion will remain on the horizon as part of our long term strategic plan. The wheels have been put in motion to start Phase III of our Campaign for Casa Kids, which will begin developing the rest of the Casa Kids Campus to better serve new residents and equip our dedicated staff with the resources and facilities they need to effectively serve our Casa Kids on a daily basis. With this campaign, we aim to continue cultivating a community where child abuse and neglect are not tolerated, and where child abuse awareness and prevention are priorities.

The generosity of local donors, efforts of our dedicated staff, support from the Board of Directors and its committees, and leadership from Tamara Fleck-Myers allow Casa de Amparo to continue expanding its capacity to be a safe haven where Casa Kids can be nurtured and cared for every day. Together, we are making a difference in the lives of children who need us. Thank you for joining Casa de Amparo in these efforts.

Sincerely,

Marilou de la Rosa
Board Chair
CASA DE AMPARO’S
HISTORY

Over the last 36 years, Casa de Amparo has continually expanded to meet the changing needs of Casa Kids.

➤ AUGUST 1978
Casa de Amparo was founded by a small group of local women concerned about domestic violence and the welfare of children. Led by the Women’s Resource Center and supported by local police, this team pushed for a home for children affected by or at risk of child abuse. It was at this point that Casa de Amparo opened its doors.

➤ AUGUST 1980
Casa de Amparo expanded its services to include the Child Development Center in Oceanside, providing therapeutic childcare, preschool and a family support center for children 18 months to 5 years old at risk of abuse or neglect.

➤ JULY 2001
Casa de Amparo began its Family Visitation services, which provide a neutral, supervised setting for children who have been separated from their parents as a result of abuse or neglect, enabling regular visits, positive interactions, and reunification, if appropriate.

➤ OCTOBER 2007
Casa de Amparo’s Child Development Center expanded to a new campus in Oceanside, which now houses the Family Services and Hayward Child Development Center.

➤ JUNE 2008
Casa de Amparo started serving 18 to 24 year old former foster youth by providing fully furnished apartments, career and education planning, and life skills training through the New Directions transitional housing program.

➤ OCTOBER 2008
A Military Support Program at the Hayward Child Development Center was started in order to help military families facing physical, emotional, and financial hardship.

➤ NOVEMBER 2011
Casa de Amparo’s Young Parent Network began addressing needs of pregnant and parenting young adults under the age of 24, struggling with the emotional, financial, and personal demands of being a parent.

➤ APRIL 2012
Residential Services relocated from Oceanside to the Casa Kids Campus in San Marcos, California on 11.4 acres of land, providing three cozy, home-like cottages and expansive outdoor areas for play.

➤ APRIL 2014
Residential Services began housing pregnant and parenting foster girls and their infants. Casa de Amparo is currently the only licensed Group Home in San Diego County to provide these services.
RESIDENTIAL SERVICES
Casa Kids, ages prenatal through 18, who have been removed from their homes as a result of abuse or neglect, reside at Casa Kids Campus, a home-like environment on 11.4 acres of land. Each Casa Kid receives comprehensive trauma informed care tailored to their individual physical, social, emotional, developmental, and educational needs.

NEW DIRECTIONS
Casa Kids, ages 18 to 25, who are foster and former foster youth, can participate in New Directions, a transitional housing program that equips youth with the necessary skills and resources to make a successful transition from foster care to independent living.

COUNSELING SERVICES
Counseling Services are offered to all Casa Kids and families in each of Casa de Amparo’s programs. Outpatient services are also provided for children and families facing individual or family stressors and/or mental health issues.

HAYWARD CHILD DEVELOPMENT CENTER
The Hayward Child Development Center provides childcare and therapeutic family support for Casa Kids, 18 months to 5 years old, and their families. These families are experiencing significant stress and are at-risk of abuse, neglect, or domestic violence. They desire to develop healthy relationships and nurturing parenting skills. The Hayward Child Development Center also offers specialized military support for enrolled families.

FAMILY VISITATION
Family Visitation provides a neutral, supervised setting for Casa Kids who have been separated from their parents as a result of child abuse or neglect. The program facilitates regular visits, positive interactions, and reunification, if appropriate. Private Pay Visitation Monitoring and Exchange is also offered to families during times of transition to build or maintain strong family bonds.

YOUNG PARENT NETWORK
Young Parent Network is designed to address the needs of pregnant and parenting youth through age 25 who are struggling with the emotional, financial, and personal demands of being a parent. The goal of the program is to address trauma and increase the health, safety, and well-being of children and families.

FY 2013-2014 PROGRAM RESULTS

- COUNSELING HOURS: 20,580
- BED NIGHTS FOR CASA KIDS: 19,001
- DAYS OF CHILD CARE: 6,453
- FAMILY VISITS: 2,042
- CASA KIDS SERVED: 1,051
- FAMILIES SERVED: 709
My story is probably no different from my peers. Above all, we are survivors.

At 14 years old, my life as I knew it crumbled in front of my own eyes. I came to experience foster care for the first time. I was the only child in my family to be removed due to physical, verbal, and sexual abuse. I finally had the courage to speak up, thanks to my former tutors’ encouragement. As a result, I was taken to the hospital and went through something I wish no child ever has to experience. But if I had never gone through these circumstances, I wouldn’t have met Omar and Bithiah, who have been there for me since I confided in them about my abuse. They ended up becoming my first foster parents who helped me grow and persevere through my four years in the foster care system. The day I had to leave them was one of the most difficult experiences I had while in foster care.

At my second foster home, I did my best to comply with my new foster parents’ house rules. Still, I experimented with drugs, ditched classes, and didn’t do well during my sophomore year of high school.

Soon after, I was placed at a residential education campus that would be my home for two years until I emancipated from the foster care system. During these years, I met many foster youth with a range of personalities. Their character taught me to understand why people act the way they do and why they are the way they are. I learned to see people not just for their outside appearance, but also for their soul. Today, when I come across someone rude and disrespectful, I do not believe that is who they really are. Rather, I see the person they become when protecting themselves from being hurt, because that is how they have been taught to fight their demons and overcome trauma.

When I was 19, I decided to move out on my own and discover what adulthood was really like. In August 2011, I moved to Oceanside to enroll in Casa de Amparo’s New Directions transitional housing program.

When I first arrived, I didn’t have a job. I only had my car, clothes, some books, two towels, and a blanket. With my family and friends in downtown San Diego, I wanted to prove that I could be an independent young woman.

The day I moved into my apartment, I was pleasantly surprised and grateful to be greeted with a gift basket that had all the essentials one would need to get started in a place of their own: shampoo, washcloths, laundry detergent, utensils, plates, cups, feminine products, bedding, and a few other things.

I initially thought how nice it was for all transitional housing programs to do this for their youth. I found out later that this was not the case; peers from other programs would often tell me they didn’t always get the things New Directions residents received through Casa de Amparo.

I would also often hear from my peers about their struggles while first moving in and obtaining very basic essentials, such as shampoo, dish soap, or even toilet paper.

With the support of volunteers, Myra created 260 “Move-In Kits” for other former foster youth.
paper. That’s right: something as seemingly attainable as having toilet paper can be impossible for others.

One year later, I had an idea of creating gift baskets or “Move-In Kits.” I shared my idea with the County of San Diego and Power of Change. I never really thought the idea would become reality. To my surprise, they answered back with enthusiasm and were willing to help. With the support of several volunteers, about 260 boxes filled with essential toiletries were distributed to emancipated foster youth moving into their first home or others struggling to get by.

Casa de Amparo’s support planted the seed for this accomplishment. I thank them for all the help they provided during my stay in New Directions.

Through the past several years, I have had my struggles just like anyone else. Nevertheless, I am happy and consider myself rich with what I have been able to obtain. I know my calling is to help those who want to be helped and are in need, regardless of their circumstance. I am on my way towards a bachelor’s degree in human resources or psychology and hope to become a social worker one day. It may take awhile, but I know I will achieve my goal.

"Thank you to those who believe in us and see more than what a statistic has to say."

I have made it my duty and responsibility to give back and say “thank you”. Thank you to those who help foster youth around the world each and every day because they believe in us and see more than what a report or statistic has to say.

By supporting Casa de Amparo, you are empowering children who have been abused or neglected. Your commitment to end child abuse does not go unnoticed!

Myra was also selected by KPBS as a 2014 Local Hero (www.kpbs.org/localheroes). Read more about Myra and other success stories from our Casa Kids by visiting www.casadeamparo.org/news/success-stories.

**FY 2013-2014 PROGRAM STATISTICS**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
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<tbody>
<tr>
<td>92%</td>
<td>of Casa Kids in New Directions improved in career and education planning.</td>
</tr>
<tr>
<td>82%</td>
<td>of Casa Kids in Residential Services improved in relationships (e.g. interpersonal, hyperactivity, cognitive thought process).</td>
</tr>
<tr>
<td>62%</td>
<td>of parents in Hayward Child Development Center decreased their overall stress.</td>
</tr>
<tr>
<td>24%</td>
<td>of families in Family Visitation started unsupervised visits or successfully reunified.</td>
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</tbody>
</table>

**Data Sources:**
Client Satisfaction Survey
Disred Resolutions Development Profile
Children’s Functional Assessment Rating Scale
SEPTEMBER 2013: QUALITY PRESCHOOL INITIATIVE (QPI)
Casa de Amparo’s Hayward Child Development Center (HCDC) was selected by the San Diego County Office of Education to participate in the First 5 San Diego Quality Preschool Initiative (QPI), a program that provides high-quality preschool opportunities in communities throughout San Diego County. Due to the excellent quality of the teacher-child interaction and curriculum implementation, HCDC was identified as a model program and has been approached by QPI and collaborative partner MAAC project requesting to utilize the pre-kindergarten classroom for future staff trainings.

JULY 2013: CASA DE AMPARO SERVES MORE COUNTIES
Casa de Amparo expanded its scope of services, working directly with Child Welfare Services from Alameda, Los Angeles, Riverside, and San Bernardino Counties to accept foster youth from those counties into its Residential Services program.

FEBRUARY 2014: SPECIALIZED PSYCHOLOGIST FOR CASA KIDS
Casa de Amparo joined forces with Dr. Ian Schere, Ph.D., a licensed Clinical Psychologist, certified Parent-Child Interaction Therapy (PCIT) trainer, and member of the Motivational Interviewing Network of Trainers (MINT). Dr. Schere spends much of his time providing clinical oversight, supervision to program therapists, staff trainings, crisis intervention, group therapy, and specialized therapeutic services, including Parent-Child Interaction Therapy and Motivational Interviewing. In May 2014, Casa de Amparo received a grant to build a PCIT room, which is used to serve at-risk parents and children to break the cycle of abuse. PCIT teaches parents effective ways of managing their children’s behavior, while enhancing positive feelings between parent and child.

JANUARY 2014: CASA DE AMPARO IS AN APPROVED CONTINUING EDUCATION PROVIDER
Casa de Amparo implemented a organization-wide on-site educational training program for employees in June 2013. Due to the success of the training program and demand for Continuing Education, the organization applied for and received approval from the California Board of Behavioral Sciences to become a Continuing Education provider. This allows licensed staff members and interns to receive Continuing Education credits when applicable. Currently, Continuing Education credits can be provided to Marriage and Family Therapists, Clinical Social Workers, Education Psychologists, and Professional Clinical Counselors. Casa de Amparo’s goal is to eventually build a training program that is also open to the community.

FEBRUARY 2014, APRIL 2014, & MAY 2014: THREE VEHICLES DONATED TO CASA DE AMPARO
Thanks to the generosity of Nice Guys of San Diego, New Community Church, and Specialty Metal Exchange, Casa de Amparo added two vans and a truck to its vehicle fleet. The vans will be used to transport residents to various appointments and activities. The new flat bed truck is ideal for large donations and supplies.

FEBRUARY 2014: FUNDING IS CONTINUED FOR YOUNG PARENT NETWORK
Casa de Amparo received a one-time award from United Way of San Diego to support the Young Parent Network for another year. Established in 2011, the program is funded by United Way to provide comprehensive, evidence-based services designed to address trauma and improve skills for pregnant and parenting community youth through age 25.

MARCH 2014: RESIDENTIAL SERVICES FOR PREGNANT & PARENTING FOSTER YOUTH
Casa de Amparo obtained licensure from California Department of Social Services to serve pregnant and parenting foster youth. The license resulted in the ability to serve twice as many youth in need in Residential Services (from 20 to 42 Casa Kids, including 10 babies).
## FINANCIAL ACTIVITIES

### REVENUES

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<td>Contributions In-Kind</td>
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<td>Special Events</td>
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<td>AFDC-FC*</td>
<td>$1,801,489</td>
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<td>EPSDT** (State/County)</td>
<td>$418,500</td>
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<td>California Department of Education</td>
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<td>Family Visitation Program</td>
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<td>THP-Plus and TYH***</td>
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<td>Child Care Food Program</td>
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<td>Community Development Block Grants</td>
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<td>Early Head Start (Federal)</td>
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<td>Young Parent Network</td>
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<td>Child Development Center - QPI</td>
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<td>Lifeline - Co-op</td>
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<td>Program Grants</td>
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<td>Service Fees</td>
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<td>Other Income</td>
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<td><strong>Total</strong></td>
<td><strong>$6,676,123</strong></td>
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### EXPENDITURES

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<td>Residential Services</td>
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<td>Hayward Child Development Center</td>
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<td>Counseling Services</td>
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<td>Family Visitation</td>
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<td>New Directions</td>
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<td>Young Parent Network</td>
<td>$171,682</td>
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<td>Administrative Support</td>
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<td>Development and Fundraising</td>
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<td><strong>Total</strong></td>
<td><strong>$6,109,037</strong></td>
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*AFDC-FC: Aid to Families with Dependent Children/Foster Care
**EPSDT: Early Periodic Screening Diagnosis and Treatment
***THP-Plus and TYH: Transitional Housing Program and Transitional Youth Housing

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![Did You Know?](image)

83% of every dollar raised goes directly to serve Casa Kids.
## Special Thanks to Our
### 2013-2014 Donors

<table>
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<th>Category</th>
<th>Donor Name</th>
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<td>$100,000 and up</td>
<td>Harriet E. Pfleger Foundation, United Way of San Diego County</td>
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<tr>
<td>$50,000 to $99,999</td>
<td>The California Wellness Foundation, DEI’s Forte for Children, Howard Charitable Foundation, Price Philanthropies Foundation, Albert &amp; Lee Ann Puglisi, Jerome* &amp; Sharon* Stein</td>
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<td>$25,000 to $49,999</td>
<td>Bangs Family Foundation, Bennett Family Trust, William Hagood, Richard C. Helmstetter, Helmstetter Family Foundation, Lily Lai Foundation, Walter J. and Betty C. Zable Foundation</td>
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Corporations committed to helping Casa Kids throughout the year.
$250 to $499
Anonymous
Abbott Laboratories Employee Giving
Jesse Abril
Joe Aguirre
David & Darla Allen
Amato Prince Aloisio
American Italian Club of Vista
Shirley & Larry Anderson
John Anzola & Tania Wiens
Matt & Kathy Askins
Barney & Barney
Jennifer Barrett
Carmen Bianchi
Richard & Sharon Bockoff
Brickman Charitable Foundation
Mike Brown
Paul & Pamela Bumann
Mark & Jeni Burgess
Xochitl Castellon
Rhonda Cera
Ingram & Ellen Chodorow
Carol Crawford
Daniel Cronin
Desiree Delzio
Daniel Denike
Joshua Dingivan
Keith & Ching-I Downs
Ames & Beryl Early
Kelsey Elam & America Fujikura
Carl & Courtenay Enright
Karl Farmer
William & Karen Fellbaum
Dan Figueroa
Patrick Flynn
Bob Friar
Robert Gagliano
Rich & Tammy Gildersleeve
Elizabeth Gill
Trina Godwin & Dan Rawson
Douglas Green
Matthew & Alison Habeger
Ronald & Christine Haedt
Dan & Laura Hammang
Ginger Hansen
Rick & Carlee Harmonson
David & Renate Hewitt
Hospira Employee Giving Campaign
John & Lora Jones
Raymond & Peggy Keers
Elie & Cynhia Khoury
Jim & Kelly Knott
Vivian Lai
Enrique & Dolores Landa
Craig Lobo
Gary Louie
Jennifer Lyle
Gilbert & Joyce Lynch
David Marchesani
Maria & Jimmy Marcone Garcia
Mark Maus
Ryan & Melissa McElvain
Joseph Minami
Marsh & Peggy Moore
Jerry & Heidi Morgan
Ronald & Jill Morris
Chrisandra Morse
Murrieta Oaks Veterinary Hospital
San Luis Rey Chapter National Charity League
NGR Global Giving
David & Kim Ohanian
Sandra Osborn
Salvatore & Kelli Palumbo
Ian & Mabel Patterson
Anthony & Lori Petosa
Jeffery & Elizabeth Porter
Rancho Santa Fe Foundation
Ashley Reardon & David Buckley
Scott Riplp
Margo Rodriguez
Roman Foundation
Danford Roslund
Tanner & Kierstin Ross
Zev & Maria Rubinstein
Patsy Samson
San Luis Rey Valley United Methodist Church
Hermeen Scharaga
Barbara Schmidt
Marc & Judith Schuckit
Seeley Brothers
Charles Sherman
Nate & Dana Sisitsky
Richard Smith & Sandy Segien
Allen & Marilyn Souchek
St. Michael's By The Sea Episcopal Church
Robert Stalker
Leann Strycula
Diane Tavarez
Tracy Tracton
Frank & Gail Twohy
United Plant Growers, Inc.
Alicia Valdez
Paul & Monica Venuti
David & Rosemary Viscusi
Alan & Isabelle Wallock
Robert & Susan Warner
Jessica Williams
Laura Wilson
William & Teri Youngblood
Marco Zucconi
$1 to $249
Anonymous
1545 Media
Charles & Kathleen Ables
ABP Supply, Inc.
Paulina Acosta-Montano
Acupuncture Integrative Medicine Solutions, Inc.
Bill Adair
Lauren Adams
Thomas & Barbara Adams
Aetna Foundation
Kim Aggaba
Marino Aguiler
AIMCO
Kimberly Altken
Jenny Al-Shafie
Lori Allen
Amazon Smile Foundation
Jack Anderson
Gordon & Sandra Angus
Sigrid Anton
Gary Antone
Dominic Archdale
Glenn & Carol Archibald
Jose Austin Raj
Avedia Insurance Services, Inc.
Kathleen Avina
Robert Steve & Elizabeth Ayers
Mary Baddeley
Terri Badder
Robert Bailey
Chris & Tammy Balteff
Debra Barnett
Louise Barr
Luis Barrios
Joe & Sarah Barron
Maureen Barten
Camron & Mary Barton
Karen Baucom
Jose Becerra
Scott & Fiona Bechtler-Levin
Anna Behnken
Nissim & Marla Belbel
Anthea Beletsis
Bill Bell
Michael & Mina Bell
Michael & Jamie Bello
Debra Bernath
Kathryn Bess
Harold & Rita Block
Stephen & Wendy Blumberg
Larry Booker
John & Jacki Barton
Louise Bradbury
Michael Brainard
Jeffrey & Cathy Brekke
Jenard & Ronna Brenner
Renee Brenot
Diana Brown
Sandra Burgoyne
Jody Burke
William Burse
Amy Buskirk
Barney & Joy Cabrera
Patricia Calkins
Marc Camras
Richard Canedo
Kathleen Cannon
Sandra Capella
Tom & Helene Capizzi
Ana Maria Carl
Barbara Casino-Mizer
Frances Cazes
Ann Cerecedes
James & Marlene Chabala
Kevin & Cary Chapman
Susan & Susan Check
Individually who have remembered or wish to remember Casa de Amparo through planned giving.

Casa de Amparo’s Legacy Circle

John & Elnora Ams
Bennett Family Trust
Lonian D. Boen
Steven & Hortensia Bram
Brausa Family Trust
The Estate of Abel De Brito
Mel & Alair Earley
Walter Erickson
Helen Feller
Winifred Amy Granart
Thelma C. Hinrichs
Gary W. Hohenhaus
Joseph & Peggy Juneman
Mary Alice McIntire
Estate of Adele Patricia Scanda
Patti B. Morris Living Trust
Margaret Piacenti
Gregory & Melissa Post
Albert & Lee Ann Puglisi
Juanita Reeder
Dr. Jerry Sattler
Fay Saul Family Trust
Tepper Trust, Florence M.
Walter Eriksen Trust
William Webb
Harold Werner
Emmett & Florence Woodward

Individuals who have remembered or wish to remember Casa de Amparo through planned giving.

Casa de Amparo’s Legacy Circle
Individuals dedicated to the vision of ending child abuse who contributed $1,000 & up to our annual campaign during FY 13-14.