Healing...Growing...Creating the Future Together
A MESSAGE FROM THE 
BOARD CHAIR

A
s each year passes, we can’t help but reflect on what we did well, where we want to improve and where we want to go. This sentiment is also shared when it comes to doing the meaningful, hard-work of caring for abused and neglected children.

Last year’s accomplishments were all about growth and expansion with the completion of our counseling wing and grand opening of the Pregnant and Parenting Cottage along with the receipt of a $1 million dollar challenge grant. The accomplishments of last year could all be summed up with the theme of growth, and while we will remain focused on growth, our intentions should always remain on offering the best care possible. That is why this year’s focus could be summed up with the word progress.

This past fiscal year brought together many efforts of hard work and dedication. The Teen Wellness Center transformed from just an idea to a strategic plan to help even more children with the help of our Architects, Tucker Sadler. They commissioned the design and renderings of the future building that will bring Casa de Amparo to the forefront of care in all of San Diego County and will be one of only a few of its type of facility in California.

Incredible progress was made this year with the completion of the $1 million dollar challenge grant that was awarded last fiscal year by the Walter J. & Betty C. Zable Foundation. The 2016-2017 fiscal year was about raising those funds and matching that grant.

Progress can be seen when responsibility is taken to push through limits and ensure that we are doing all that we can to provide the best care possible. Our commitment to providing the best care can be seen with our application to be certified and accredited by The Joint Commission. The Gold Seal from The Joint Commission is recognized as one of the most difficult and thorough accreditation processes in the United States.

Another accomplishment I must mention is that of the collaboration with the Justice Resource Institute and Suffolk University. Casa de Amparo was one of six organizations chosen to participate in a 5-year collaboration that will help assist staff in understanding the effects of secondary trauma, furthering our commitment to the care of our Casa Kids.

I know there is much more to be done to meet the goals we have set, but they are goals that must be realized as we live to make our mission a reality. As you read through this year’s annual report, you will see all of the hard work and dedication that has gone into making this year one full of progress. Thank you once again for your past, present, and future support.

-John Ayala, Board Chair
Over the last 39 years, Casa de Amparo has continually expanded to meet the changing needs of Casa Kids.

AUGUST 1978
Casa de Amparo was founded by a small group of local women concerned about domestic violence and the welfare of children. Led by the Women’s Resource Center and supported by local police, this team pushed for a home for children affected by or at risk of child abuse. It was at this point that Casa de Amparo opened its doors.

AUGUST 1980
Casa de Amparo expanded its services to include the Child Development Center in Oceanside, providing therapeutic childcare, preschool and a family support center for children 18 months to 5 years old who are at risk of abuse or neglect.

JULY 2001
Casa de Amparo began its Family Visitation Program, which provides a neutral, supervised setting for children who have been separated from their parents as a result of abuse or neglect, enabling regular visits, positive interactions, and reunification, if appropriate.

OCTOBER 2008
A Military Support Program at the Child Development Center was started in order to help military families facing physical, emotional, and financial hardship.

APRIL 2012
Residential Services relocated from Oceanside to the Casa Kids Campus in San Marcos, California on 11.4 acres of land, providing three cozy, home-like cottages and expansive outdoor areas for play.

APRIL 2014
Residential Services began housing pregnant and parenting foster girls and their infants. Casa de Amparo is currently the only licensed residential treatment center in San Diego County to provide these services.

OCTOBER 2007
Casa de Amparo’s Child Development Center expanded to a new campus in Oceanside, which now houses the Family Services and Hayward Child Development Center.

JUNE 2016
Opened new Counseling Wing and expanded the Pregnant and Parenting Cottage at the Casa Kids Campus in San Marcos. The expansion allows services for additional clients and new state-of-the-art therapeutic practices.
PROGRAMS

RESIDENTIAL SERVICES
Casa Kids, ages prenatal through 18, who have been removed from their homes as a result of abuse or neglect, reside at the Casa Kids Campus in Residential Services, a home-like environment on 11.4 acres of land. Each Casa Kid receives comprehensive trauma-informed care tailored to their individual physical, social, emotional, developmental, and educational needs.

NEW DIRECTIONS
Casa Kids, ages 18 to 25, who are foster or former foster youth, can participate in New Directions, a transitional housing program that equips youth with the necessary skills and resources to make a successful transition from foster care to independent living.

COUNSELING SERVICES
Counseling Services are offered to all Casa Kids and families in each of Casa de Amparo’s programs. All program participants are able to receive age-appropriate individual, group, family, and play therapy. Families can take part in Parent-Child Interactive Therapy (PCIT) and each child is assessed to identify strengths and determine treatment plans.

CHILD DEVELOPMENT CENTER
The Child Development Center provides childcare and therapeutic family support for Casa Kids, 18 months to 5 years old, and their families. These families are experiencing significant stress and are at-risk of abuse, neglect, or domestic violence. The Child Development Center also offers a specialized Military Support Program for enrolled families.

FAMILY VISITATION
Family Visitation provides a neutral, supervised setting for Casa Kids and their parents, who have been separated as a result of child abuse or neglect. The program facilitates regular visits, positive interactions, and reunification, if appropriate.

YOUNG PARENT NETWORK
Young Parent Network is designed to address the needs of pregnant and parenting youth who are struggling with the emotional, financial, and personal demands of being a parent. The goal of the program is to address trauma and increase the health, safety, and well-being of children and families.

CASA DE AMPARO’S
FY 2016-2017 PROGRAM RESULTS

14,209 counseling hours
34,004 bed nights for Casa Kids
6,649 days of child care
1,705 family visits
1,039 Casa Kids served
950 families served
A SUCCESS STORY

In 2014, I was seeking child care. As a single mom, I needed to find someone to care for my 18-month old daughter, Izabella. I not only needed to find child care at an affordable cost, but with someone I could trust. I work full-time in order to make ends meet, so my options for this kind of child care were minimal. That’s when I found Casa de Amparo’s Child Development Center. They welcomed Izabella and I into the Child Development Center and offered me child care.

Since the minute I was part of the Casa de Amparo family, I have not had any challenges with child care. Staff at the Center always works with me on my personal struggles including with school pick-up and drop-off times. No other child care setting would have had the child care hours the Center offers, would have offered to help me expand my knowledge of parenting or my ability to enhance verbal communication with my child.

Each week, staff sends parenting packets home with Izabella on topics such as safety and positive communication and they have really been effective in helping me interact with Izabella. They show me how to approach Izabella when a difficult situation or behavior arises. They also guide me through how to explain to my daughter that not every family is the same. The packets have taught me to provide options for Izabella that will benefit both me and her and allow Izabella to make choices so she feels like she is the leader of the situation.

Since Izabella has been at the Child Development Center I have seen her grow into an independent child. She now knows how to speak up for herself. She is able to express the way situations make her feel. She can calm her body down and take responsibility for her own actions. Some of the positive habits I have gained from being enrolled at the Center are improved communication between Izabella and I and how to calm ourselves down and talk clearly to one another.

I am very sad that my daughter only has a couple of months left at the Center before she graduates and begins Kindergarten in the fall. She will miss her favorite teacher; Mrs. Mariana who she says is very nice and always happy. Since being at the Center, Izabella has learned skills such as cleanliness, discipline, self-control and not fearing dogs as much as she did previously. Even though I am sad Izabella and my time at the Center is coming to an end, I feel that Izabella is Very prepared to enter Kindergarten and I can see her eagerness to grow. She wants to learn. She is able to write not only her name, but mine as well. Every chance we get we spell things out so she is able to practice.

Casa de Amparo is an amazing resource for the community and has an amazing Center. My child’s experience has been nothing but the best. From all the holiday celebrations in her classroom to all the services the Center offers, I have been blessed to come across such an amazing Center with talented teachers. The Center hasn’t been just an amazing experience for Izabella, but for me as well. They helped me from the start by offering one on one therapy sessions with Izabella to help her conquer her fear of dogs. They took the time to listen to me when I was in the middle of a family struggle. They were very helpful and provided me with every resource possible including resources I can look for when Izabella goes to Kindergarten. Casa de Amparo has treated us very well.

I want to say thank you to Casa de Amparo for accepting Izabella and I. Thank you to every staff member for helping me in raising Izabella. If it weren’t for the Child Development Center, I wouldn’t have learned valuable parenting skills and how to help Izabella become an independent child. She has grown in every aspect and I have no words to explain how grateful I am for the amazing Child Development Center and program.

-Theresa
Child Development Center Parent

"Casa de Amparo is an amazing center & resource. My child's experience has been nothing but the best"
FY 2016-2017 PROGRAM RESULTS

of residential services program youth showed improvements with Activities of Daily Living (ADL).

92 PERCENT

of parents with children enrolled at the Child Development Center were satisfied with the quality of the program and services offered.

90 PERCENT

of Residential Services program residents showed improvements with substance use.

81 PERCENT

of parents have seen an improvement in their child’s behavior since being enrolled at the Child Development Center.

83 PERCENT

of transition aged (18-25) Casa Kids in New Directions demonstrated significant improvement in their career and educational planning, increasing the likelihood of a successful transition to independent living.

91 PERCENT

of parents or caregivers reported a positive experience with the family visitation program.

96 PERCENT

Data Sources:
Client Satisfaction Survey
Desired Resolutions Development Profile
Children’s Functional Assessment Rating Scale
RENDERINGS FOR TEEN WELLNESS CENTER FOR FOSTER YOUTH COMPLETE
Casa de Amparo moved forward from idea to conception making the dreams for the Teen Wellness Center for Foster Youth come to life with the help of Tucker Sadler Architects who created the beautiful designs and produced the renderings for the future building at the Casa Kids Campus.

SUCCESSFULLY MET THE $1 MILLION DOLLAR ZABLE CHALLENGE GRANT
During the last fiscal year Casa de Amparo received a $1 million challenge grant from the Walter J. & Betty C. Zable Foundation to build a Teen Wellness Center for Foster Youth at our Casa Kids Campus in San Marcos. The Zable Foundation seeks to continue the legacy of the founders by encouraging and promoting health, science research, assisting with programs that benefit youth, underprivileged individuals, and sports-related activities primarily in the San Diego County. Thanks to the generosity of Casa de Amparo’s supporters, we successfully raised the $1 million dollars to match the Zable Foundation’s contribution.

BEHAVIORAL HEALTH CARE ACCREDITATION BY THE JOINT COMMISSION
In response to the growing needs of at-risk youth in our community we took the opportunity to enhance our standards of care and complete the process of achieving Behavioral Health Care Accreditation with The Joint Commission. The process of achieving accreditation provided Casa de Amparo the opportunity to enhance the safety of the youth and families that we serve, further improve the quality of care provided and remain in alignment with requirements from the State of California. Accreditation through The Joint Commission holds Casa de Amparo to high standards of compliance, which enhance existing procedures, infrastructure and daily operations. The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value. The Joint Commission accredits and certifies more than 21,000 health care organizations and programs in the United States.

COLLABORATION WITH JUSTICE RESOURCE INSTITUTE & SUFFOLK UNIVERSITY
Casa de Amparo was selected as one of six organizations nationwide to act as a service center in collaboration with Justice Resource Institute (JRI) and Suffolk University to implement a trauma-informed framework called Attachment, Self-Regulation and Competency (ARC) to improve outcomes for foster youth impacted by traumatic life experiences. ARC is designed for the treatment of individual youth with a variety of trauma-related challenges including Post-Traumatic Stress Disorder (PTSD), depression, and anxiety. It is also designed to develop and support a culture of trauma-informed care throughout the organization. The five year collaboration will also assist staff in understanding the effects of secondary trauma, provide ongoing training on the implementation of ARC, and evaluate the impact of the framework within Casa de Amparo’s residential services.

INCREASE IN HEALTHY FOOD
Providing healthy, nutritious food is always at the forefront of the organizations mind when it comes to the care of our Casa Kids. During the year, our partnership grew with Feeding America San Diego to help us offset our food cost. The partnership provided over 23,000 pounds of food averaging just under 2,000 pounds per month. Food items provided range from dairy, meat, produce, beverages and baked goods. Once the food is delivered to Casa de Amparo, it is dispersed to all programs and provided to clients.
Did You Know?
83% of every dollar raised goes directly to our programs to serve Casa Kids.

**FINANCIAL ACTIVITIES**

**REVENUES**

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**EXPENDITURES**

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5 ways to give to CASA DE Amparo

PLANNED GIVING
Your planned gift will help us to continue the important work of making San Diego a community where child abuse is simply not tolerated. Please consult with your tax accountant or your financial adviser to analyze which of the plans is most appropriate for you. We can also arrange a face-to-face meeting with you, your adviser and Casa de Amparo’s Director of Development to discuss gift giving options.

BUY A BRICK - BUILD A LIFE
Buy a brick in celebration of a birthday or special occasion! Bricks are 6” x 12” ($500 each), 4” x 8” ($250 each), and 3” x 5” ($150 each) and are engraved using state-of-the-art laser technology to ensure strength and durability for many years to come. Larger bricks and additional naming opportunities are also available for purchase.

WISH LIST
From housewares to school supplies, athletic equipment or art materials, our Casa Kids always need something. In-kind donations help offset expenses and allow us to direct more of our available funds to therapeutic programs, food, homes, clothing, education, and healing care of abused and neglected children and their families in our community.

MONTHLY DONOR CLUB
One of the best ways you can support our work is by joining the Casa Kids Monthly Donor Club. Our monthly donors help make sure we are able to care for our Casa Kids and families throughout the year. By becoming a member, you will make a difference in the lives of children and families impacted by abuse and neglect through a monthly gift that is charged to your credit card.

SIGNATURE PARTNERS
Casa de Amparo’s Signature Partner Program is an opportunity for companies to demonstrate their commitment to Casa Kids throughout the year in ways that are meaningful to each partnering company. Signature Partners have many options for involvement—from volunteering and event sponsorship to donating opportunities, such as monthly wish list and other giving drives or hosting fundraising events.
Since 1978, thanks to generous donors like you, Casa de Amparo has been helping San Diego’s abused and neglected children heal and grow. Your planned gift will help us to continue the important work of making San Diego a community where child abuse is simply not tolerated.

Please consult with your tax accountant or your financial adviser to analyze which of the plans is most appropriate for you. We can also arrange a face-to-face meeting with you, your advisor and Casa de Amparo’s Director of Development to discuss gift giving options. For more information or to request a private tour of the Casa de Amparo programs, please contact Kathy Karpe, Director of Development at 760-566-3556.

Individuals who have remembered or wish to remember Casa de Amparo through planned giving:

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<thead>
<tr>
<th>Name</th>
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<tr>
<td>John &amp; Elenora Ams</td>
<td>Walter Erickson</td>
<td>David H. Lypps</td>
<td>Juanita Reeder</td>
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<td>Nancy Bellman</td>
<td>Helen Feller</td>
<td>Mary Alice McIntire</td>
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<td>Winifred Amy Granard</td>
<td>Estate of Adele Patricia Scanda</td>
<td>Fay Saul Family Trust</td>
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<td>Patricia Hayward</td>
<td>Patti. B Morris Living Trust</td>
<td>Florence M., Tepper Trust</td>
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<td>Thelma C. Hinrichs</td>
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<td>Gary W. Hohenhaus</td>
<td>Gregory &amp; Melissa Post</td>
<td>William Webb</td>
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<td>Albert &amp; Lee Ann Puglis</td>
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<td>Mel &amp; Alair Earley</td>
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<td>Emmett and Florence Woodward</td>
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Our Sincerest Thank you to all of our 2016-2017 Donors. We know that you have many choices on where you choose to give, and we are truly honored that you chose Casa de Amparo this year. Thank you for helping us treat and prevent child abuse and neglect. We hope that you choose to support our Casa Kids again in the coming year.

Thank you,
The Casa Family
Casa de Amparo’s Signature Partner Program is an opportunity to demonstrate your commitment in helping end child abuse and neglect in San Diego County. As Casa de Amparo has a variety of needs to fill throughout the year and we want to match your interests with those ongoing needs. With your support of time, skills and/or donations, Casa de Amparo will be able to direct additional resources to our child abuse prevention and treatment programs and services. In return for your continued support, we would be honored to publicize your commitment through:

- Recognition on our website including your logo and a link to your website
- Annual Signature Partner Reception – where you can network with other likeminded local corporations in the region
  - A colorful window sticker noting that you are a Casa de Amparo Signature Partner that you can proudly display at your place of business
  - Signature Partner flyers distributed in donor packets

For more information, please contact Kathy Karpé, Director of Development, at 760-566-3556 or e-mail kkarpe@casadeamparo.org

Different ways your corporation can get involved as a Signature Partner in the following 3 or more ways:

Volunteer opportunities, joining a Board of Directors Committee, event sponsorship opportunities, online promotion, and donation opportunities.
WE'RE PROUD OF OUR SIGNATURE PARTNERS

Just as it takes a village to raise a child, it takes a community to help care for our Casa Kids. Being a Signature Partner sets an excellent philanthropic example for other companies and demonstrates your commitment to making San Diego a community where child abuse and neglect are not tolerated.