A MESSAGE FROM 
THE BOARD

From July 1, 2020, to June 30, 2021, Casa de Amparo continued to navigate an ever-changing pandemic-filled landscape. The challenges included a year of remote learning for youth in Residential Services, virtual gatherings for New Directions clients, and a year’s worth of more mental health services for all the youth in foster care Casa de Amparo cares for. With reports of child abuse and domestic violence rising across the country, our mission to support those affected by and at risk of child abuse and neglect, through a range of programs and services that promote healing, growth, and healthy relationships, became even more urgent.

Despite these difficulties, there were numerous moments of goodwill prevailing from a community of supporters who did not let the pandemic stop them from aiding Casa de Amparo. We received our largest single donation in history, driving our ongoing capital campaign. Hundreds of donors who normally join our events in-person, tuned in virtually instead. And the in-kind donations of tangible goods to help our programs, skyrocketed to an all-time high. Our support network, including volunteers, community advocates, board members, and donors made a tremendous impact in the lives of those we serve.

This year provided more unforeseen challenges balanced by beautiful moments of generosity, than ever before. Thank you for your personal role in this dynamic process. Your contribution paved the way for Casa de Amparo to grow, to support those affected by and at risk of child abuse and neglect, and to prevent child abuse in unprecedented times.

Sincerely,

Richard Berwick
Chair of the Board
Casa de Amparo
Residential Services is a Short-Term Residential Therapeutic Program (STRTP) that provides licensed residential care and intensive treatment services to foster youth ages 12-18 who have been removed from their homes due to abuse and neglect. The program includes licensed residential care and intensive treatment services for pregnant and parenting female adolescents, ages 12-18, and their children. Since 1978, Residential Services has improved the quality of care for children and teens in the foster care system through the combined efforts of our health care staff, clinical therapists, and residential counselors who carry out individualized treatment plans to enhance each resident’s recovery and provide them the necessary resources to become successful, healthy young adults. Specialized care includes services for children with special health care needs and residents experiencing extreme emotional and behavioral challenges. Care and services are provided for pregnant and parenting residents utilizing the evidence-based treatment model Nurturing Parenting to provide parenting skills to these young mothers for the health of their family unit and to prevent generational cycles of abuse. Pregnant and parenting residents are also provided prenatal care and guidance on healthcare decisions for their children to assist in their transition to becoming a young mother.

New Directions provides transitional housing and intensive case management for young adults, ages 18 to 25, and their families as they transition from foster care to sustainable independent living. With Casa de Amparo’s assistance, youth are equipped with the necessary skills and resources to successfully transition to self-sufficiency. Subsidized rent, fully furnished apartment homes, educational guidance, parent education, job skills training, financial literacy, and mental and physical healthcare are provided. The goal of New Directions is to stop the cycle of abuse by helping youth currently in or emancipated from foster care develop healthy, productive lifestyles.

Family Visitation Services provides a neutral, supervised setting for foster children, birth to 17 years of age, and their biological families from whom they have been separated to interact in a safe environment. The goal is to allow families to work alongside Casa de Amparo’s Visitation Aides and County social workers as they progress toward reunification, if appropriate. Visitation Aides provide input to social workers regarding court ordered family reunification plans, increasing the successful reunification of foster children with their biological families.

At the age of three, Melissa lost her mother in a tragic car accident leaving her in the care of her abusive father and new stepmother. For the next decade of her life with them, she would experience mental, physical, and sexual abuse. After this was finally uncovered, she was placed in foster care and moved from multiple foster families until a social worker suggested Casa de Amparo. Her healing process began as a teenager during the nine transformative months at Casa de Amparo where she would attend therapy, group activities, go on outings, and learn valuable life skills.

“‘There was structure at Casa and no abuse. No yelling at you, no demeaning you, or belittling you. No hateful parents spewing their rage onto you. Instead, the staff would talk to you with respect and showed they care. It wasn’t just a job for them, we were their kids.’”

Trauma-informed therapy is an essential component of Casa de Amparo’s services for all youth. Melissa was assigned a therapist, Vicky, upon intake, but swore she would never meet with her. Vicky persisted in finding ways to make a connection with Melissa. One day, Melissa decided to join her for a session and never turned back. Now, Melissa shares,

“If it wasn’t for Casa de Amparo and Vicky, I don’t think I would be alive today.”

Today, Melissa is an award-winning leader in the insurance industry and has a beautiful family of her own. After starting her own business, Melissa now serves as Casa de Amparo’s very own insurance representative providing benefits to our employees. “I wanted to come back and say ‘Thank You.’ Look at me today. You did this for me. You took an invisible kid and made her visible, and you gave her hope and a future.”
FINANCIAL ACTIVITIES

DID YOU KNOW?
81% OF EVERY DOLLAR RAISED GOES DIRECTLY TO OUR PROGRAMS TO SERVE CASA KIDS.

<table>
<thead>
<tr>
<th>REVENUES</th>
<th>EXPENDITURES</th>
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<tbody>
<tr>
<td>CONTRACTS</td>
<td>RESIDENTIAL SERVICES</td>
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<td>$8,632,004</td>
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<td>CONTRIBUTIONS</td>
<td>NEW DIRECTIONS</td>
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<td>CONTRIBUTIONS IN-KIND</td>
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<td>SPECIAL EVENTS</td>
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<td>$1,024,935</td>
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<td>MISCELLANEOUS INCOME</td>
<td>DEVELOPMENT &amp; FUNDRAISING</td>
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<tr>
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<td></td>
<td>FAMILY VISITATION</td>
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<td><strong>TOTAL</strong>: <strong>$13,507,109</strong></td>
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<td><strong>TOTAL</strong>: <strong>$11,138,916</strong></td>
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Many children in foster care have endured significant trauma including abuse, neglect and sexual exploitation. Because of this, a growing number require a higher level of emotional, mental, and physical care. To meet the needs of these children, Casa de Amparo will construct a Teen Wellness Center, which will provide a home-like environment where Casa Kids can receive intensive therapeutic treatment that they so desperately need.

The Bentivoglio Family Fund proudly named our future Teen Wellness Center with the largest gift in the organization's history. The gift enabled Casa de Amparo to move forward in securing a bank loan to commence construction as soon as the permit finalizes. Additional Capital support this year came from The CEK Foundation, San Diego County Neighborhood Reinvestment Program Districts 3 & 5, Marriott Daughter's Foundation, and Wawanesa Insurance.

Casa de Amparo has chosen Grant General Contractors to proceed with building the Bentivoglio Family Teen Wellness Center. Plans are underway to break ground in 2022.
SPECIAL THANKS TO OUR
2020-2021 DONORS

$1,000,000+  
• BENTIVOGLIO FAMILY FUND
$250,000 TO $999,999  
• JASON & THERESA AKATIFF~  
  • JAMEIS GRIFFITHS
• Erique R. GILBERT
• JIM TORREY
• AMENDING TRUST
$100,000 TO $249,999  
• JAMES HANSON
• JIMMY PAGE
• BARBARA MULLIN

$2,500 TO $4,999  
• LAWRENCE & LINDA ALESSIO
  • BRIAN & KAREN DARISAY
• JENNIFER DEFTLOFF-CARTER~

$1,000 TO $2,499  
• JOHN & HELEN ALVAREZ
  • JAMES LAUER
• JENNIFER DETTMAN

$500 TO $999  
• JAMES ABERNATHY
  • JIMMY PAGE
• AMANDA BURKE

$250 TO $499  
• LAWRENCE & LINDA ALESSIO
  • BRIAN & KAREN DARISAY
• JENNIFER DEFTLOFF-CARTER~

$100 TO $249  
• JASON & THERESA AKATIFF~
  • JAMEIS GRIFFITHS
• Erique R. GILBERT
• JIM TORREY
• AMENDING TRUST

$50 TO $99  
• JAMES ABERNATHY
  • JIMMY PAGE
• AMANDA BURKE

$25 TO $49  
• JASON & THERESA AKATIFF~
  • JAMEIS GRIFFITHS
• Erique R. GILBERT
• JIM TORREY
• AMENDING TRUST

$10 TO $24  
• JASON & THERESA AKATIFF~
  • JAMEIS GRIFFITHS
• Erique R. GILBERT
• JIM TORREY
• AMENDING TRUST

Gifts listed are for the 2020-2021 Fiscal Year: 7/1/2020 - 6/30/2021

~ Board Members for 2020-2021 Fiscal Year
^ Honorary Board Members for 2020-2021 Fiscal Year

Gifts listed are for the 2020-2021 Fiscal Year: 7/1/2020 - 6/30/2021
Just like every leaf on a tree is essential to its health, every dollar you give is essential in Casa treating and preventing child abuse and neglect each and every day.

Go to www.casadeamparo.org/donate or email Bella at Bella@casadeamparo.org to learn more.

Your monthly gift makes all the difference!

BECOME A MONTHLY DONOR AND JOIN OUR CASA FAMILY TREE!
FISCAL YEAR 2020-2021
IN-KIND DONATIONS

Casa de Amparo relies on in-kind donations that go directly to the youth in our programs. This year we secured over $541,051 in items like hygiene products, cleaning supplies, household furniture, and craft supplies. This greatly helps offset our operational costs while creating opportunities for community involvement. Here are some of the awesome donations that we received this past fiscal year!

**DOS GRINGOS: A FLOWER COMPANY, MAKES MOTHER’S DAY SPECIAL**

All holidays for foster youth can be difficult since they are no longer with their family members. Mother’s Day is a time for celebration of a special relationship, but the significance of the day can bring back difficult or traumatic memories for our youth. Many foster youth with babies of their own strive to protect and care for their child because they did not receive that support early on in their childhood. Casa de Amparo helps our clients learn and practice healthy parenting.

**NORTH COUNTY LGBTQ RESOURCE CENTER GIVES PRIDE SWAG BAGS**

The annual San Diego Pride Parade is a special occasion to celebrate and honor the LGBTQ community. Since our youth could not attend due to COVID, they made their own parade on campus and received fun swag bags including flags, stickers, fans, bracelets, buttons, t-shirts and skin care items. Thank you for supporting our youth, North County LGBTQ Resource Center!

**BASSETT SUPPLIES BEDS AND Frames**

Our longtime Corporate Signature Partner, Bassett, makes it possible for each client coming into Casa de Amparo’s programs to sleep peacefully every night with a new bed. And with over 64 youth a year, that’s a lot of beds! Thank you, Bassett for allowing our youth to rest and recover.

**SUITECASE DONATION MAKES MOVING EASIER**

Many youth in foster care have shared stories with us about how they moved from placement to placement, before coming to Casa de Amparo, with only trash bags to carry their belongings. The experiences leave them feeling unwanted and as if their keepsakes are not important. At Casa de Amparo, we ensure all youth exit our program with proper moving supplies and luggage. This year, Together We Rise donated 30 brand new Away suitcases to help make sure our Casa Kids leave feeling empowered for the next step of their journey.

**FOOD BY CHEF TY CELEBRATES BLACK HISTORY MONTH**

Chef Ty made a special Gumbo feast featuring a variety of Soul foods for the youth in Residential Services to celebrate February’s recognition of Black History Month. Casa de Amparo therapists work regularly to incorporate youth’s cultural and ethnic heritage in fun group activities, food selection, and exploration of current cultural themes.

**LEGACY CIRCLE**

Thanks to generous donors like you, Casa de Amparo has been helping San Diego’s abused and neglected children heal and grow since 1978. Your planned gift will help us to continue the important work of making San Diego a community where child abuse is simply not tolerated. Please consult with your tax accountant or your financial adviser to analyze which of the plans is most appropriate for you. We can also arrange a face-to-face meeting with you, your advisor and Casa de Amparo’s Director of Development to discuss gift giving options. For more information or to request a private tour of the Casa de Amparo programs, please contact Kathy Karpé, Director of Development, at 760-566-3556.

**INDIVIDUALS WHO HAVE REMEMBERED OR WISH TO REMEMBER CASA DE AMPARO THROUGH PLANNED GIVING**

- John & Elena Arms
- Nancy Bellman
- Bennett Family Trust
- Lonian D. Boen
- Steven & Hostensia Bram
- Brausa Family Trust
- The Estate of Abel De Brito
- Mel & Alair Earley
- Walter Erickson
- Helen Feller
- Winifred Amy Granart
- Patricia Hayward
- Thelma C. Hinrichs
- Gary W. Hohenhaus
- Joseph & Peggy Juneman
- Lisa A. Le Fors
- David H. Lypps
- Mary Alice McIntire
- Estate of Adele Patricia Scanda
- Patti B. Morris Living Trust
- Margaret Piacenti
- Gregory & Melissa Post
- Albert & Lee Ann Puglisi
- Juanita Reeder
- Jerry Sattler
- Joan Smardan
- Foy Saul Family Trust
- Florence M., Tepper Trust
- Walter Eriksen Trust
- William Webb
- Harold Werner
- Emmett & Florence Woodward
FISCAL YEAR 2020-2021 IMPACT

Our donors and community have made it possible for Casa de Amparo to change the lives of youth all over San Diego County and California. We strive to continue to impact their lives for many years to come!

100% PROGRAM YOUTH
in Residential Services and New Directions received access to physical and mental health care services.

83% NEW DIRECTIONS
participants maintained stable housing payments within the first three months of the program.

100% PARENTS OR CAREGIVERS
reported a positive experience with the Family Visitation Program.

97% NEW DIRECTIONS
participants established a permanent relationship with a safe and supportive adult.

COMMUNITY SUPPORT

It takes a community to help care for our Casa Kids, logistically, emotionally, and financially. Below are some amazing gifts Casa de Amparo received through the last fiscal year ensuring the organization’s ability to continue to treat and prevent child abuse and neglect.

FUN FRIDAYS

With funding from The San Diego Foundation, our Residential Services program created Fun Fridays as an enrichment program providing therapeutic activities and opportunities for foster youth to engage with their peers in an effort to help them overcome the negative impact COVID-19 had on their social and emotional development. Each Friday over the Summer, residents participated in activities including process groups covering healthy relationships, conflict resolution, and self-regulation. Therapeutic activities involved water days, cooking & baking, outdoor adventures, and mindfulness skill building.

NEW DIRECTIONS SUPPORT

This year Casa de Amparo was humbled to receive three substantial gifts to directly help the New Directions transitional housing program. With this, we started the Enhanced Services Program (ESP) to work with participants needing a higher level of support. The Clinician leading the program has lived experience as a foster youth and now provides therapy, parenting education, job-readiness training, and clinical case management. Multiple clients successfully got new jobs at Rubio’s, Fed-Ex and caregiving facilities.

Thank you to the Hervey Family Non-Endowment Fund, WD-40 Making Memories Fund, and The San Diego Women’s Foundation for making all this possible!
Host a Wine Drop Party!

Get involved by hosting a Wine Drop Party and building exclusive Wine Cellars auctioned off at select events! Your efforts allow us to raise money that goes directly back into Casa de Amparo’s programs & services.

To learn more, contact Bella at bella@casadeamparo.org or 760-566-3559